

INSTRUCTIONS FOR WEARING A TEMPORARY CROWN:

- 1.** Please do NOT eat sticky, chewy, or hard to chew foods during this 1-2 week period. The temporary crown is made of acrylic and may easily break.
- 2.** Toothbrushing and rinsing are fine, DO NOT floss the temporary crown.
- 3.** You may experience sensitivity to hot, cold or chewing; these are all normal and not a reason for concern.
- 4.** If the temporary crown comes off you have three choices: first, you may call the office (301)972-0260 to set up a short appointment to have it recemented, second, you may attempt to place it on by yourself using over the counter denture adhesive (just place a small amount of the adhesive inside of the temporary crown and place on the tooth- this should be done as often as needed), and lastly, you may do nothing- if you have no discomfort or sensitivity then it is fine to leave the temporary off until your next appointment.
- 5.** Just remember that this is by no means a dental emergency, or is it a reflection on how the permanent crown will adhere with its permanent cement.

Thank you,
Dr. Beitler